



Dear Externs,

Congratulations again on your successful match.

We would like to advise you that the AIMG Program is closely monitoring the spread of COVID-19. The health and safety of our externs and our team is our foremost priority. Alberta Health Services currently rates the risk of exposure to COVID-19 in Alberta as low. However, the situation is rapidly evolving and we will continue to adjust course as necessary.

Specifically, as of March 12, 2020, Alberta Health announced that all Albertans who are currently outside the country are required to self-isolate on their return to Alberta for 14 days, regardless of the country they were visiting, even if they are feeling well. These escalated self-isolation requirements are in place to help control the spread of the virus and to ensure we can protect our healthcare capacity and continue to keep Albertans safe.

As such, any arrivals from outside Canada after March 30, 2020 would preclude externs from starting externship on April 14, 2020. If you are arriving in Alberta from outside Canada, we strongly suggest that you arrive in Alberta before March 30, so that you can self-isolate and be symptom free for 14 days.

If you or someone you have been in contact with has travelled outside of Canada, Alberta Health Services advises you to watch for symptoms such as fever or cough in yourself and your family members and to call Health Link 811 at the first sign of symptoms. If you or a member of your family or household has been advised by Health Link to self-isolate and obtain COVID-19 testing, we ask that you remain at home, do not come to campus and follow self-isolation guidelines until you receive negative results and are no longer symptomatic.

As the situation evolves, additional precautions may be required. It is possible that much of externship orientation will use virtual formats and use of on-line resources. If this occurs, you will be alerted by the AIMG Program. Please also continue to check our website for updates.

Please continue to get current information regarding COVID-19 at [ahs.ca/covid](https://ahs.ca/covid). Information is also available on the university websites which can be found here:

University of Alberta: <https://www.ualberta.ca/services/health-centre/coronavirus-info/index.html>

University of Calgary: <https://live-risk.ucalgary.ca/risk/risk-management-insurance/travel/covid-19-coronavirus>



Thank you for your attention to this matter and to your commitment to the health of all Albertans.

Sincerely,

A handwritten signature in black ink that reads 'Rabiya Jalil'.

Dr. Rabiya Jalil, BSc, MD, CCFP  
Medical Director  
Alberta International Medical Graduate Program

A handwritten signature in black ink that reads 'C. Maria Bacchus'.

Dr. C. Maria Bacchus, MD, MSc, FRCPS  
Executive Director  
Alberta International Medical Graduate Program